

RETREATS AT BOCONNOC

Relax and unwind in a secluded Cornish country estate



Retreat: to
withdraw to a
quiet or
secluded place
in which one
can rest and
relax.

Boconnoc is a detox for the soul. Tucked down two miles of private drive, as soon as you enter Boconnoc you are transported to another world; a world of tranquillity, peace and breath-taking scenery. Ancient trees inhabit the vast corners of the estate, whilst the gardens burst with extraordinary blooms.

Boconnoc sits in the heart of the estate. This Georgian country house is surrounded by rolling countryside and immaculate lawns, the only sounds you will hear are the birds singing and the trees swaying gently in the breeze. The house was restored to its former glory following a 12-year restoration project by the Fortescue family. In our opinion there is nowhere better to get away from it all and create memories that last a lifetime.



INSPIRING SPACES

Relax and reconnect

The endless locations at Boconnoc ignite passion and creativity, whilst the space and stillness boosts mindfulness, leaving you feeling at peace yet re-energised. From light and airy spaces in Boconnoc House with its contemporary interiors, to the warmth of cosy nooks, the rustic simplicities of the Stable Yard, or even the inspiring library complete with writing desk and a lifetime of books; there are a wealth of spaces which set the creative juices flowing.

Bathe in the natural surroundings and blissful peace with breakfast on the terrace, or take refuge by one of the many open fires; a perfect time for contemplation and reflection. Make use of the open space inside our Garden Room for daytime workshops, followed by drinks in the Drawing Room before supper in the Panelled Dining Room prepared by one of our chefs.



ACCOMMODATION

Pure luxury and comfort

Boconnoc House, the jewel in the crown, offers complete luxury in the heart of this spectacular Cornish estate. The house comprises two deluxe double en-suite rooms, four charming double rooms and three comfortable twin rooms each with their own bathrooms.

In the Stable Yard there are a further three delightful cottages; The Dairy House (sleeps eight- four doubles), The Grooms Cottage (sleeps six - two twins and one double) and the Head Grooms Cottage (sleeps four - one double and one twin).

The rooms and cottages at Boconnoc each have their own distinct character and have beautifully designed interiors by Sarah Fortescue, daughter of the owner. Wake up feeling revitalised, go to bed feeling content.



PRIVATE CHEF

Balanced and nourishing

We have a varied and expert list of local caterers and private chefs who can accommodate your every need; many of them specialise in retreat catering and specific dietary requirements. Having worked with these chefs over a number of years we have built good relationships with them and we can vouch for their excellent levels of service and delicious food. Your retreat booking will be inclusive of a delicious breakfast, but for all other meals our recommended caterers will be more than happy to prepare lunches and dinners to suit your requirements. For up to 15 guests our in-house cook can take care of all your catering requirements.

Boconnoc boasts endless unique dinner settings, from the 18th century sunken Bath House, which is perfect lined with rustic trestle tables and twinkling candles to the sumptuous Smoking Room, with its rich oak panelling and roaring open fire.



THE LOCATION

Serenity and tranquility in paradise

Be at one with nature, taking in the lush pastures, the hidden floral pathways, the trickling of the stream or the pretty picture perfect English gardens abundant with scented blossom. The open space leaves you with room to breathe and take stock. The wide expanse calls for long contemplative walks side by side, reassessing, reevaluating and sharing thoughts, ideas and passions. At night the stars put on the most spellbinding display; clear and expansive, it is a spectacular sight to behold.

Towards the south of the estate you will find the Deer Park, home to 120 fallow deer, who since the days of the Domesday Book have nibbled on the park's lush grass. Just next door sits Boconnoc's cricket pitch and pretty pavilion which in the summer months hosts regular weekend matches. The estate is alive with history, wildlife and community. You only need to take a step outside to absorb the wonder around you.



THINGS TO DO

Explore, roam and relax

As part of your retreat, why not indulge your guests in one of the many activities available during their stay. Perhaps take a stroll around the grounds and discover one of the many walks around the estate.

Organise a picnic at the lake for an alternative lunchtime breakout space, complete with the sounds of the stream running through the valley and the faint hum of wildlife. Take a break along the Stewardry Walk where you will find our tennis court complete with all the equipment needed to start a tournament for a bit of healthy competition.

Set up a sunrise yoga session with a local instructor on the lawn, or hire in a chef for some group cookery lessons. For the ultimate relaxation, we recommend booking our local masseur who will come to Boconnoc House and create a bespoke treatment to target areas of tension and eliminate any stresses.



THE LOCAL AREA

Discover the best of Cornwall

If you want to make time for exploring the local area, nearby you will find the quaint market town of Lostwithiel, filled with wonderful lifestyle and antique shops. If you are after a seaside fix, a short trip in the car will take you to the beautiful coastal town of Fowey. Once home to Daphne Du Maurier, this wonderful picture-perfect town is the ideal place to wander, filled with small shops, restaurants and wonderful views over the river. Or you could take a long walk along one of the many paths along the south coast. For those looking for something a little more fast-paced, why not paddle board or canoe from Lerryn, or cycle the Camel Trail making a pit stop at Camel Valley Vineyard for a glass of fizz. Don't miss the secret beaches nearby, for a truly magical Cornish experience; just ask us to let you in on the secret.

Despite our truly magical secluded location, getting to us has never been easier. We are only 15 minutes from the A30, a scenic four-hour train ride from London to Liskeard, or a short flight from London to Cornwall Airport, Newquay, which is a 40-minute drive away. Flights are four times daily from London Heathrow and trains to London Paddington are usually every hour.



CONTACT US

Get in touch

If you would like to host a retreat at Boconnoc, or have a question, please speak to one of our team.

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